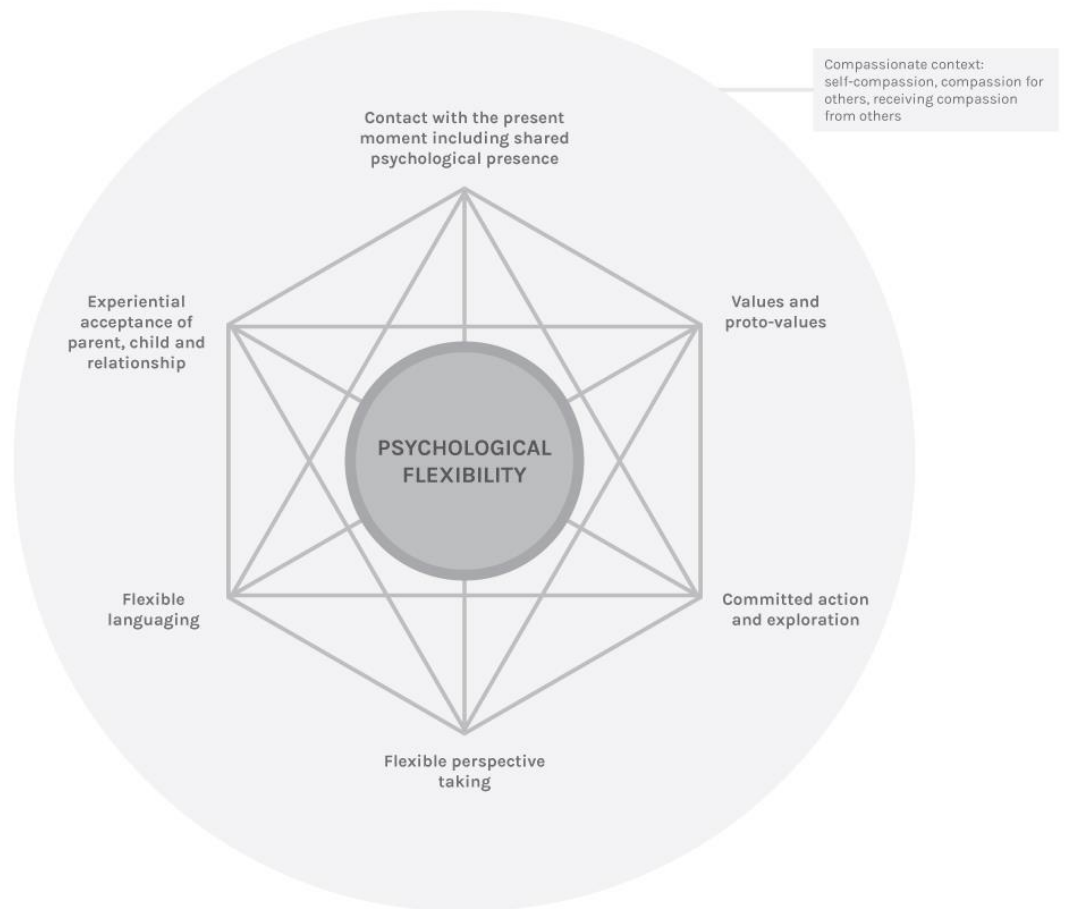
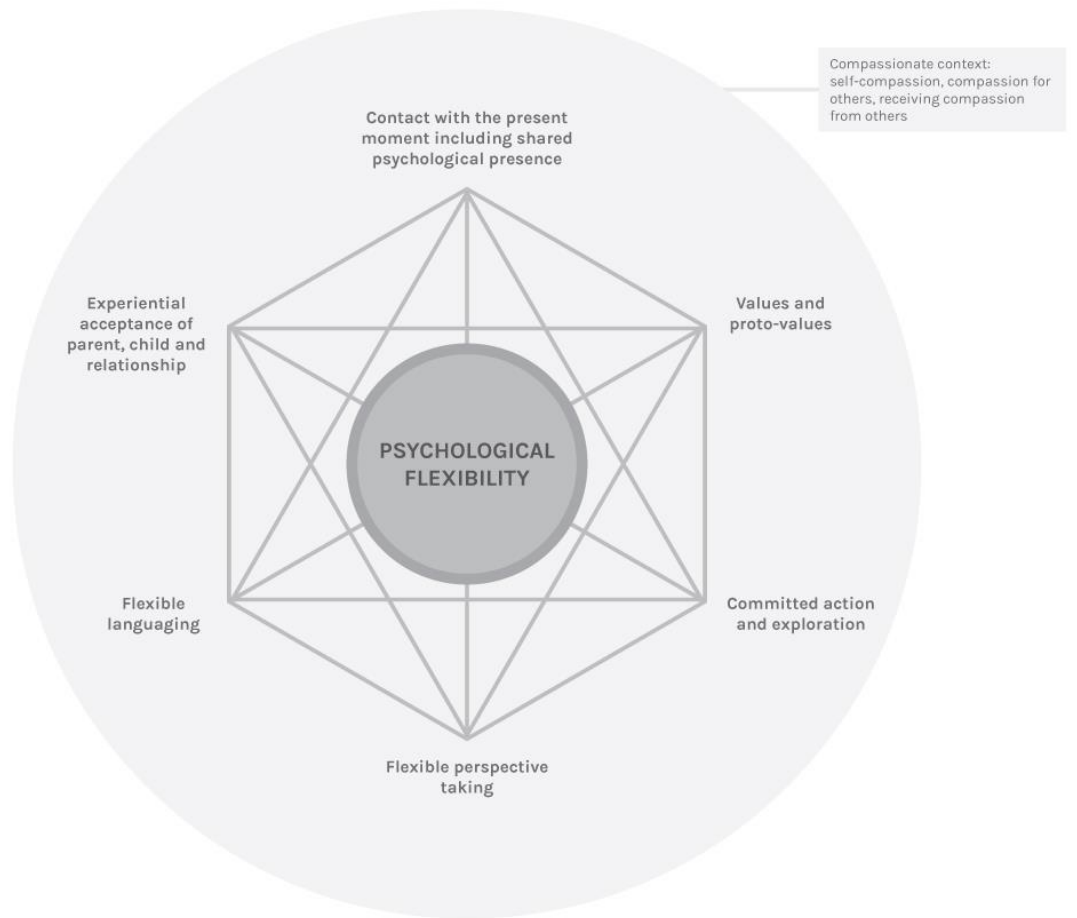


ACT formulation



What's happening for the child on the parent-child hexaflex?

Child	
Contact with the present moment including shared psychological presence	
Experiential acceptance of parent, child and relationship	
Flexible languaging	
Values and proto-values	
Flexible perspective taking	
Committed action and exploration	
Compassionate context: self-compassion, compassion for others, receiving compassion from others	



What's happening for the parent on the parent-child hexaflex?

Parent	
Contact with the present moment including shared psychological presence	
Experiential acceptance of parent, child and relationship	
Flexible languaging	
Values and proto-values	
Flexible perspective taking	
Committed action and exploration	
Compassionate context: self-compassion, compassion for others, receiving compassion from others	